

# TISKA

# NEWSLETTER

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May 2021



We are delighted to announce that we are returning to physical classes at Kettering from Thursday 20 May 2021. Please check your emails for your allocated class times. We are also now accepting new beginners for physical classes. Please email [tiska.karate@btconnect.com](mailto:tiska.karate@btconnect.com) for further details.

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New beginners welcome from 4 years old and up

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One month free trial

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Email at:  
[tiska.karate@btconnect.com](mailto:tiska.karate@btconnect.com)

